

## SCHEDULE AT A GLANCE

### Friday - May 3

5:30 p.m. Arrival & Registration  
6:00 p.m. Dinner  
6:45 p.m. Adult Orientation  
7:00 p.m. Opening Ceremony  
8:30 p.m. Friday Night Activity  
10:15 p.m. Free Time & Snacks  
11:00 p.m. LIGHTS OUT

### Saturday - May 4

7:30 a.m. Breakfast  
8:30 a.m. Roundtable # 2  
9:30 a.m. Workshop  
11:00 a.m. Workshop  
12:00 p.m. Lunch  
12:50 p.m. Roundtable # 3  
1:30 p.m. Workshop  
3:00 p.m. Free Time & Snacks  
3:20 p.m. Workshop  
4:20 p.m. Roundtable # 4  
5:00 p.m. Prepare for Dinner  
5:45 p.m. County Photos  
6:30 p.m. Dinner  
7:30 p.m. Keynote Performance  
8:30 p.m. Dance @ Cafeteria and events,  
8:30 p.m. Movies & Games @ Lodge  
10:00 p.m. Free Time & Snacks  
10:45 p.m. Return to cabins.  
11:00 p.m. LIGHTS OUT

### Sunday - May 5

7:30 a.m. Breakfast  
8:30 a.m. Roundtable # 5  
9:15 a.m. Community Service  
10:30 a.m. Roundtable # 6  
11:30 a.m. Closing Ceremony

## REGISTRATION & WEBSITE

- STAR is open to 4-H teens 13 to 19 years of age, and their adult chaperones.
- Extension Educators are responsible for registering all program participants. Contact your county 4-H office for more information.
- Registrations are due no later than April 14th!
- Registration Cost: \$125 per person (covers meals, workshop supplies and more).

For more information contact your county's 4-H Educator

or

Jamila Walida Simon  
(jws62@cornell.edu)

## CELL PHONE ETIQUETTE

...At the request of Teen Planning Committee members....we ask that cell phones be turned off during programming. There are several breaks, including lunchtime, where you are able to take texts and phone calls.

Thank you for this requested respect.



# STAR

State Teen Action Retreat

**MAY 3RD-5TH, 2024**

**4-H CAMP SHANKITUNK  
DELHI, NY**



## WHAT IS STAR?

STAR is a premiere youth voice opportunity modeled after the National 4-H Conference. We invite 4-H teen leaders to apply to serve as a planning team member, they select an adult partner and serve to plan the STAR event. STAR is a fun-filled weekend which helps to invigorate 4-H programming across NYS and showcases positive youth development, experiential learning, agriculture, sustainable food systems, STEM, and civic engagement workshops.

Roundtables are modeled after the 4-H pillars and help youth to do a deep dive in the topics outside of the hands-on workshops. We also have a community service, keynote speaker, dinner/dance and ice cream social.

## WHAT SHOULD YOU BRING?

- Cool-weather Sleeping bag, warm blanket
- Toiletries and towels,
- Clothes (sometimes you get messy at STAR so bring some clothes you don't mind getting dirty).
- Camera + extra batteries
- Water bottle and/or Mug
- County banner/poster
- Healthy snack (your county will receive a notice as to what the snack is).
- An open mind, positive, and respectful attitude
- An item to of your choice to donate: details will be on your registration post card.

Please label all your personal items with name and county—we don't want anything to get lost or misplaced!

## GROUND RULES

- Create a welcoming environment for all
- Bring your best self
- Honor diversity...yours & others
- Create a safe environment
- Be a team player
- Participate fully
- Be a positive role model



## DRESS CODE

Dress is typical casual wear—please choose wisely what you wear—everything should be 4-H appropriate. We are encouraging you all to wear the provided t-shirt. Dress code applies to both youth and adults.

