



2025-2026 ACADEMIC YEAR EXCHANGE



HOST An international high school youth for 10 months and
bring the richness of the world to your home!

Program Basics:

- Host for one academic year (August-June)
- Students are enrolled in public high school and arrive in the USA in August
- States' 4-H will place students from **Japan & South Korea**
- Your family and exchange student will be supported by local and state coordinators
- Arrival and departure orientations organized by States' 4-H

Who can apply:

Anyone who wants to welcome a high school student into their family and is able to provide the student meals and a bed.

Host siblings are not required!

How to apply:

Visit **www.states4hexchange.org**
to learn more about the program and
find out if your state is participating.

Frequently Asked Questions

Q: How old are the students?

A: AYP students are 15-18 years old

Q: When do students arrive and depart?

A: Students arrive in August 2025 and depart in June 2026.

Q: How will States' 4-H prepare my family to host?

A: States' 4-H provides host families with guidebooks and host family orientation as well as 24/7 support during the exchange.

Q: What makes States' 4-H different?

A: States' 4-H works with Land Grant Universities who oversee 4-H programs built on a model of positive youth development practices. We see hosting as an educational opportunity not just for the exchange student, but also for the host family, host school, and entire host community. States' 4-H programs focus on life skill development, including communication, tolerance, respect for others, and engaged citizenship.

“From a delegate about her host family experience: *They helped a lot and treated me like their real daughter. Our biggest problem was that I don't want to go and they don't want me to go!*”

Host Family Applications are being accepted now!

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